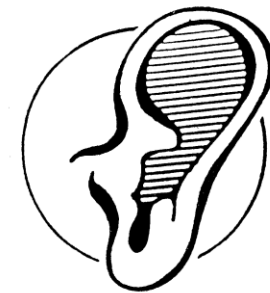


IN THE NAME OF HEALTH AND SAFETY ?



OUR VOICE NOTRE VOIX



VIEWPOINTS OF THE PSYCHIATRIZED SINCE 1987 / POINTS DE VUE DES PSYCHIATRISÉS DEPUIS 1987



WHAT THIS MEANT:

- Homeless people will now eat their soup kitchen meals on snow banks and on the sidewalk for their *protection*.
- Those who have very limited social networks, and who deal with acute paranoia or anxiety where centers like ours can be their only lifeline to community, are expected to go home, relax and wait it out.
- Residents living in special care homes were imposed to go through the experiences of the jailed without crime and accept this without debate.
- Some rights and freedoms of mobility were stripped in an instant in the name of Health and Safety.

In the midst of all this drama, we provided daily phone support where we got an increase of about 110% in calls. Simultaneously, I was producing our September 2020 issue of our magazine.

To keep some preoccupied, I dedicated 10 pages to COVID-19 and asked members to partake in this project by doing a drawing on how they felt about being in this predicament along with answering three questions.

OUR THREE QUESTIONS:

1. How is the COVID-19 pandemic and the request to self-isolate making you feel?
2. Share suggestions or techniques on what you are doing to cope?
3. What message of hope would you like to share with others?

OUR VOICE / NOTRE VOIX

No. 71 - SEPTEMBER / SEPTEMBRE 2020

- Le drame COVID-19 Drama
- Are you Psychophobic?
- Resistance Matters!
- \$2 PA\$ E\$

VIEWPOINTS OF THE PSYCHIATRIZED SINCE 1987 / POINTS DE VUES DES PSYCHIATRISÉS DEPUIS 1987

**THE GREAT 5 MILLION DOLLAR ILLUSION:
WHY MORE PSYCHIATRY
WILL NOT SAVE NEW BRUNSWICKERS!**



**LA GRANDE ILLUSION DE 5 MILLIONS DE DOLLARS:
POURQUOI PLUS DE PSYCHIATRIE
NE SAUVERA PAS
LES NÉO-BRUNSWICKOIS!**

CONTAMINONS-NOUS (P.18)

8

OUR LIVED EXPERIENCES WITH COVID-19


"LOGIC OF THE TIMES"
No matter what: we will make sure to save your life by driving you crazy!" (Eugène)

ANNETTE
Be the change that you want to see in the world.

CHARLINE
To cope with this brought me spiritually closer.

JAMES
Enjoy love!

KATHY
Joyful: Jesus is coming!



LEA
La vie est en changement perpétuel!

NADIA
Le téléphone ne remplace pas les yeux d'une personne.

ROLAND
Toute chose à un commencement et une fin.

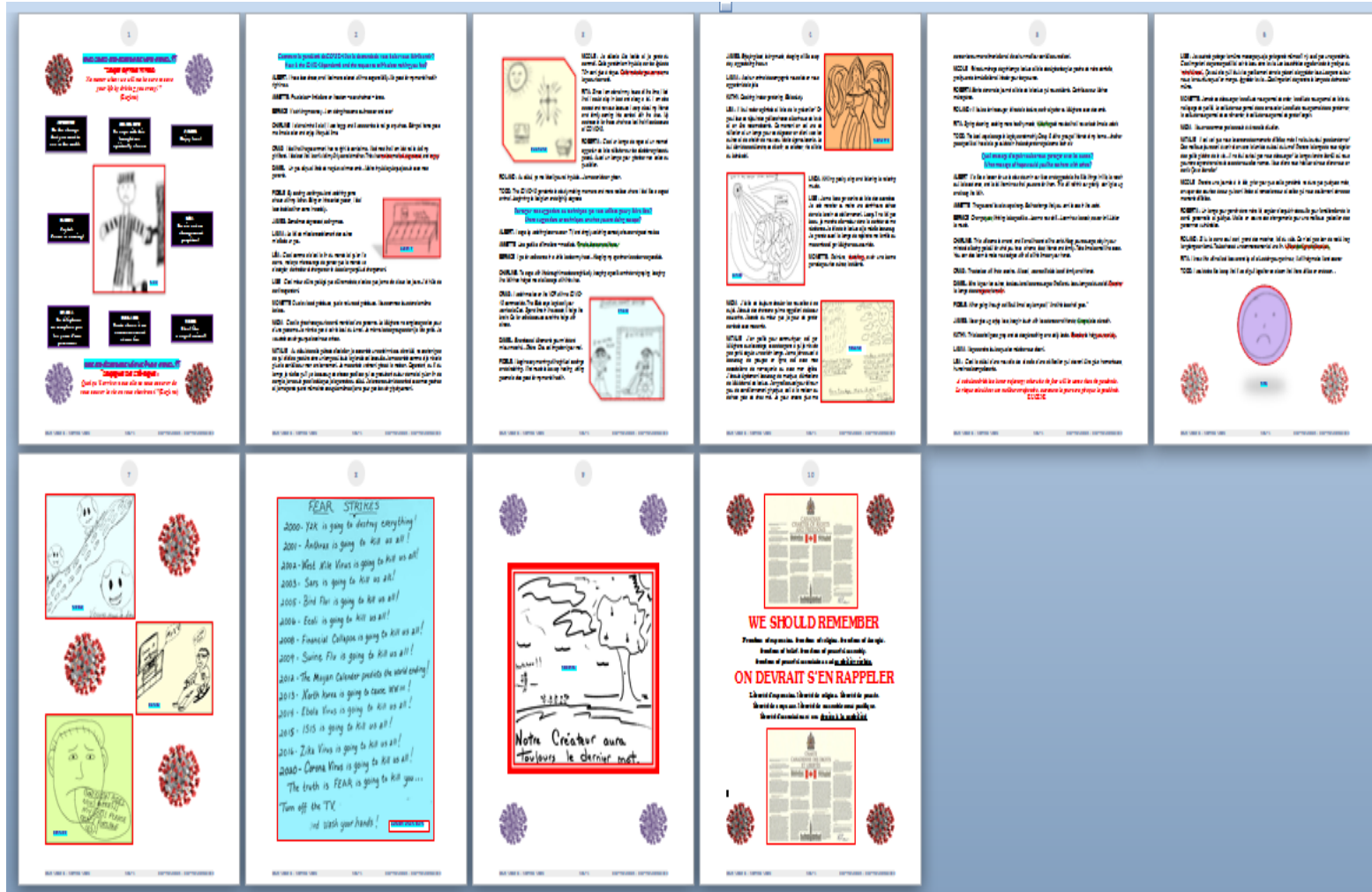
TODD
I feel like a caged animal!

NOS EXPÉRIENCES VÉCUES AVEC COVID-19

"LOGIQUE DE L'ÉPOQUE:"
Quoi qu'il arrive: nous allons nous assurer de vous sauver la vie en vous chavirant!" (Eugène)

OUR VOICE / NOTRE VOIX NO. 71 SEPTEMBER / SEPTEMBRE 2020

OUR 10 COVID-19 PAGES (Sept. 2020)



SOME KEY EXCERPTS FROM RESPONDENTS

- *I feel like a caged animal.*
- *The phone can't replace the eyes of a person.*
- *Jesus is coming!*
- *Frustrated – limitations on freedom – overwhelmed – tense.*
- *I feel sad that I can't visit my 94 year old mother.*
- *This virus makes me feel depressed and angry.*
- *The worst thing for one's mental health!*

- *I cope by watching less news on TV, and simply watching comedy shows and good movies.*
- *I go for walks once in a while to clear my head.*
- *To cope with this brought me closer spiritually; keeping a positive mind and praying; keeping the faith has helped me a lot to cope with this virus.*
- *Enjoying food; loving music; sleeping a little every day; appreciating the sun.*

- *It's like a lesson for us to slow down in our lives and appreciate the little things in life; to reach out to loved ones, and to let them know that you care for them. This will rethink our priority: don't give up and keep up the faith*
- *Don't believe everything that the media tells you!*

In the Name of HEALTH and SAFETY

In the name of HEALTH and SAFETY:

**I will confine you and the walls will be your friends.
Your fingers won't touch the hand of your loved ones,
but we will make sure you can touch a voting ballot.**

In the name of HEALTH and SAFETY:

**I will preserve the silhouette of what you once were,
but I will slaughter your heart and mind.
I will put in storage your old age,
but I will accelerate your mortality.**

I am the institution:

**My disposition is to control and camouflage the meaning of "care "
With COVID-19, I have the green light to carry out my mission.**

In the name of HEALTH and SAFETY:

**Who can contest me?
Neither government, nor citizen.**

In the name of HEALTH and SAFETY:

**I offer hidden mediocracy and acceptable fatalism
We are seen as excellence and quality.**

I repeat:

**In the name of HEALTH and SAFETY:
We are excellence and quality!**

RECOMMENDATIONS & OBSERVATIONS

1) The culture needs to **STOP** normalizing cruel and unusual punishments as it relates to severe institutional confinement

AND

2) **Factor in calculated risk** when applying public health policy.

Merci / Thank you!

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Please note that we have a few remaining hard copies of our September 2020 edition. Upon request, a copy can be mailed out to you free of charge.