

COMING TO MONCTON

A Bipolar Coach will be in Moncton: Arlen Rundvall will present practical methods for an individualized approach to reduce the illness and ultimately transform manic depression into a positive trait.

The author will be in town to meet you and discuss his book: The Bipolar Guide to the Gift: A Guidebook to Leave the Illness Stage.

- **DATE:** Tuesday January 30, 2007
- **TIME:** 2:30 PM
- **LOCATION:** Delta Beauséjour Hotel, 750 Main Street
2nd Floor, (Room: Shediac B)
Moncton, New Brunswick

Only 100 spaces are available. Please reserve your seat as soon as possible by giving your name and telephone number to Eugène LeBlanc by Fax at (506) 854-5532 OR email: ovnvletters@nb.aibn.com (Write in subject line: YES)

Admission is FREE if you pre-register by January 26. Otherwise \$5 at the door if space permits.

Please note that this presentation will be done in English only and there is no obligation to buy the book to attend this important day.

Caregivers and Mental Health Workers Welcome!

This educational event is being sponsored by Our Voice / Notre Voix, The Dieppe Mental Health Consumer Network with its partner the New Brunswick Mental Health Consumer Network as well as from private donations.

Refreshments will be served

In case of cancellation due to extremely bad weather, this presentation will be rescheduled if at all possible the next day at a location to be determined. Location and time will be communicated to those who have pre-registered with their phone number.



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E1G 4R3; CANADA

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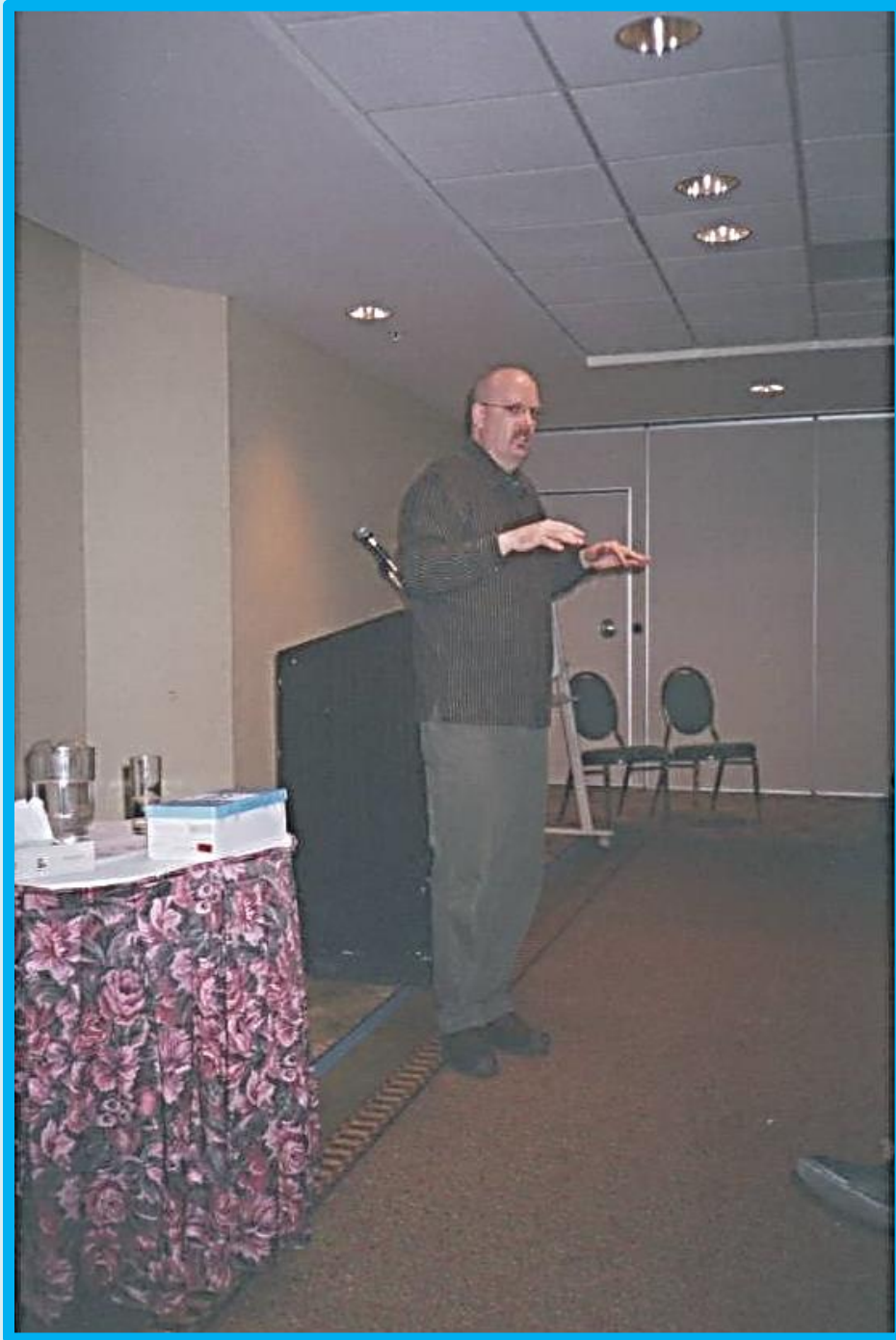
PUBLISHER & EDITOR IN CHIEF
ÉDITEUR ET RÉDACTEUR EN CHEF:
Eugène LeBlanc

The Bi Polar Guide to the Gift: A Guidebook to Leave the Illness Stage
With
Arlen Rundvall

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Moncton, New Brunswick
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- * Welcome and Introductions (Eugène LeBlanc)
- * PART 1: The Bipolar Challenge (approx 45 minutes)
- * Break (15 minutes)
- * PART 2: A New Perspective + Question and Answer Session (approx 45 minutes)
- * Draw for a free book.
- * For those who wish to stay longer, we will brainstorm unique Moncton strategies to reduce illness and enhance the positive. (To post on www.thebipolarguide.com)
- * The book will be available for sale. Because of your attendance, it will sell at a reduced price. The author will be available to speak with you and autograph sold copies.

VIEWPOINTS OF THE PSYCHIATRIZED SINCE 1987
POINTS DE VUES DES PSYCHIATRISÉS DEPUIS 1987



ARLEN RUNDVALL (2007)